

VIA ROAD TRIP

The Quarterly Newsletter from 



HIKING SAFELY IN SUMMER WEATHER

In many places across the country, summer is a great time for hiking. With kids out of school, people taking vacations, and days lasting longer, more and more people are hitting the trails – both seasoned veterans and newcomers. Whether you’ve been hiking your entire life or you’re just starting out, there are certain precautions you should take while hiking to avoid potentially dangerous situations. With summer months already heating up, here are some tips to keep you safe if you’re planning to go hiking:

- Check for extreme heat warnings prior to your trip
- Start and end early
- Try to always hike with a partner
- Take plenty of water to stay hydrated
- Wear sunscreen, a hat, and sunglasses
- Take breaks in the shade, if possible
- Take a fully charged mobile phone
- Wear loose, lightweight clothing and sturdy shoes with traction
- Follow all posted safety rules
- Bring extra food, a flashlight, a first aid kit, and a multi-purpose tool
- Know the signs and symptoms of heat exhaustion and heat stroke
- Seek medical attention if you experience nausea, dizziness, or chills

Most importantly, **KNOW YOUR LIMITS**. Whether novice or expert, know when you’ve had enough and call it a day. Your hike will be more fun if you think about safety first!



From Skyline to Shoreline, Explore With Us

Let VIA Trailways help with your trip planning!
We offer charter bus service to all popular California and Arizona destinations.

Contact us today at:
sales@viatrailways.com

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DON'T MISS OUT ON OUR SUMMER PROMOTIONAL SALE

There's still time to take advantage of our Summer 2024 Promo Sale.

Whether you want to soak up the sun on any of California's beaches or take a break from the heat and explore our many national parks, VIA Trailways will get you there comfortably and safely every single time!

Summer in California inspires wanderlust. With schools out and pleasant weather in most corners of the state, summer is the best time to enjoy weekend excursions or day trips to yet-to-be-explored nooks and crannies throughout the Golden State. Visits to Yosemite National Park and Pismo Beach are just two adventures that should be on your California summer bucket list!

Want family-friendly summer fun? Take a bus trip to any of California's world-class theme parks! From Disneyland to Great America, bus trips to our theme parks help bring out smiles and joy to people of all ages.

Right now, when you book and take your charter bus trip by August 15th, your trip on VIA Trailways is 20% off!*

Contact us today:
sales@viatrailways.com to get 20%* off of your ideal summer charter bus trip.



*Offer not valid in Arizona. Must take trip by Aug 15, 2024. Limit one promotional trip per customer.

CALIFORNIA to ARIZONA

One Bucket List Road Trip, Many Adventures

Our recommended five-day California to Arizona road trip is full of scenic adventures and unique stops along the way. You'll see incredible landscapes from deserts to canyons, enjoy amazing foods, and have memories that will last a lifetime.

YOUR ITINERARY

Day 1: Los Angeles to Joshua Tree National Park & Palm Springs

Day 2: Palm Springs to Scottsdale & Sedona

Day 3: Sedona to the Grand Canyon & Page

Day 4: Horseshoe Bend, Antelope Canyon & Lake Powell

Day 5: Valley of Fire & Los Angeles

Day 1: Beginning your road trip in Los Angeles the drive to Joshua Tree National Park will take around 2-3 hours. When you arrive, you won't be able to miss the otherworldly trees that give this California park its name. While you could easily spend all day admiring them, there are plenty of other things to do here- like hiking one of the many trails or visiting the most famous photography spots. As sunset approaches, head to Keys View for the best sunset view. Overnight in Palm Springs and enjoy the weekly Village Street Fest where you can sample many of the local "foodie" delights and soak in the desert arts atmosphere.

Day 2: Start your day off with breakfast at Wilma and Frieda's in Palm Springs. Then it's time to hit the road. Scottsdale is home to McDowell Sonoran Preserve where visitors can explore trails through a stunning desert landscape filled with rock formations, hills, and cacti. Next head to Sedona and explore the trails at Montezuma Well and discover the tranquility of a site still considered sacred by many local tribes. The shaded forest along the trail near the swallet ruin and the outlet provides welcome relief from the unrelenting Arizona sunshine. End your day with dinner at 89Agave Cantina for authentic Southwestern cuisine.

Day 3: After breakfast at the Coffee Pot in Sedona, it's time to be on the move. We're going GRAND--- as in Grand Canyon! Spend an entire day exploring one of nature's most magnificent creations! Located steps from the main visitor center, Mather Point is the first view many visitors see of the Grand Canyon. You can take an easy, five-minute walk on its sidewalk from the Grand Canyon Visitor Center to the lookout. Its fenced overlook provides exceptional vistas of the rugged cliffs and trails below. Mather Point is also a popular spot to watch the sun rise and set over the canyon. Enjoy the best Tex-Mex dinner at Big John's BBQ in Page before turning in.

Day 4: After light breakfast at Canyon Crepes Cafe, it's time to head to Horseshoe Bend. Formed when the Colorado River looped around an impassable sandstone escarpment, Horseshoe Bend is one of Glen Canyon National Recreation Area's more famous highlights. Nearby is Antelope Canyon and the second largest man-made lake in the United States, Lake Powell. Antelope Canyon is one of the most photographed destinations in the Southwest. Antelope Canyon's otherworldly beauty makes it one of the most highly sought after destinations in the world, and access to this natural marvel is granted only with a Navajo guide. Hundreds of colorful sandstone side canyons, coves, and natural wonders make Lake Powell a paradise for house boating, fishing, photography and of course hiking! It took 17 years for the Colorado River to fill it up. Lake Powell started filling in 1963 and reached full pool for the first time in 1980. Enjoy local cuisine at the Prickly Pear Restaurant before calling it a night.

Day 5: On your last day, take a short side-trip (23 miles from Lake Powell) to the Valley of Fire. World-renowned for its 40,000 acres of bright red Aztec sandstone outcrops nestled in gray and tan limestone, Valley of Fire State Park contains ancient, petrified trees and petroglyphs dating back more than 2,000 years. Spend a few hours exploring and marveling at the sheer beauty of this park. Once you've had your fill- stop for lunch at the Great Basin Cooking Company before your 4.5 hr. journey back to Los Angeles.



VIA

STAFF SPOTLIGHT

Happy Anniversary to All of Our Amazing VIA Family Members



APRIL

Ron Booher, 11 years
Luis Ramirez, 9 years
Nicole Holt, 7 years
Lena Smith, 2 years
Jorge Oliva, 2 years
Brian Cortez, 1 year

MAY

John Gustafson, 26 years
Pete Hineson, 21 years
Ruben Zarate, 16 years
Nicole Willis, 8 years
Richard Holt, 8 years
Keith Howard, 6 years
George Gray, 2 years
Unique Thompson, 2 years
Oscar Cesena, 1 year

JUNE

Anne Obrey, 29 years
Jeff Best, 10 years
Sean Saechao, 9 years
Jennequa Green, 6 years
Sheila White, 3 years
Kermit Robinson, 2 years



Andrew Henandez
Thai Thao
Donny Espinoza